Name: Dr. Prashant Naik

Designation: Professor and Vice Principal

Email Id: prashant.naik@bharatividyapeeth.edu

Experience: 10 years 10 months

**Research:**

Naik, P., Ghadi, O., Kumar, R., Wayadande, A., Harsulkar, S., Swamy, S., & Khadilkar, A. Effect of Work-Based Exercise Program Among Industrial Workers having Non-Specific Neck Pain Using ICF Core Set: A Pre-Post Experimental Study. Journal of Ecophysiology and Occupational Health, 2024;24(1), 37–42. https://doi.org/10.18311/jeoh/2024/35756

2. Anthikat, M., Holmukhe, P., Katke, S., Phadke, R., Shetti, S., Patil, H., & Naik, P. Exploring Effects of Modified Trampoline Training v/s Proprioceptive Training on Balance in Cancer Patients with Chemotherapy-Induced Peripheral Neuropathy: Randomized Controlled Trial. Journal of Ecophysiology and Occupational Health, 2024(1), 43–49. https://doi.org/10.18311/jeoh/2024/35675

3. Naik PP, Joshi S, Savadi MS, Sayed S. Effect of Buteyko breathing technique on depression and fatigue in geriatric population: A clinical trial. Int J Curr Adv Res. 2019;8(4):18324-8.

4. Naik PP, Mayenkar T. Effect of Different Density Foams on Balance Training in Geriatric Population-A Comparative Study. Indian J Physiother Occup Ther. 2019;13(4):10.5958/0973-5674.2019.00140.0

5. Naik PP, Khan S, Kheriwala M, Kamat K. Effect of total motion release on pain and function in subjects with acute low back pain: A pilot study. Indian J Physiother Occup Ther. 2019;13(3):152-6. doi:10.5958/0973-5674.2019.00110.2

6. Kumar S, Naik PP, Bhodaji SS. Dual-Task net-step exercise versus balance training exercise program on foam rubber pad in community-based older adults: A randomized clinical trial. Int J Appl Res. 2017;3(12):78-83.

7. Naik PP, Haval PD, Deodhar PP. Effect of ergonomic advice on neck pain among engineering students of Belagavi city, Karnataka: An observational study. Int J Med Res Health Sci 2017;6(6):77-81. doi: https://doi.org/10.18535/jmscr/v6i6.12

8. Naik PP, Bodhaji S. Prevalence of neck pain among school teachers and association with perceived muscular tension, physical exposure and job stress. An observational study. Indian J Physiother Occup Ther 2016;10(3):34. doi:10.5958/0973-5674.2016.00079.4

9. Naik PP, Topkar P, Vernekar S. Comparison of Kinesio Taping & Crepe Bandaging in Patients with Post-Operative Pedal Edema: A Randomized Clinical Trial. J Med Sci Clin Res 2016;4(6):11001-6. doi:10.18535/jmscr/v4i6.53

10. Naik PP, Naik V. Effect of Total motion release in Acute Neck Pain A Pilot study. Indian J Physiother Occup Ther 2016;10(1):93. doi:10.5958/0973-5674.2016.00020.4

11. Naik PP, Bhodaji SS. Teachers' physical exposure grading in percentile scale: Development and assessment of reliability. J Med Sci Clin Res 2016;4(7):11291-6. doi:10.18535/jmscr/v4i7.18

12. Naik PP, Tanna AS, Mudaliar PN, Tari AD. Variations of Dysmenorrhea during Stress and Non-stress Condition in College Going Girls in Belagavi City, Karnataka. A Cross Sectional Study. Int J Physiother Res 2015;3(2):1012-6. doi:10.16965/ijpr.2015.125

13. Naik PP, Heggannavar A, Khatri SM. Comparison of Muscle Energy Technique and Positional Release Therapy in Acute Low Back Pain: An RCT. Indian J Physiother Occup Ther 2010;4(2):32-36.

**Conference:**

Attended International conference on Global Innovations: Sustainable Practices & Emerging Trends at IBSR Business School on March 1st 2024

2. Attended National Physiotherapy Conference- Physio Drome organized by DY Patil College of Physiotherapy Pune on 22nd & 23rd February 2024

3. Attended one week FDP on Unlocking opportunities publishing in Scopus indexed journals organized by KLE research Centre Belagavi from 12th to 17th February 2024

4. Attended International SportsUnite- A Multidisciplinary Conference organized by BVDU SOP & Office of International Affairs, Bharti Vidyapeeth (Deemed to be University) Pune on 3rd and 4th February 2024.

5. Attended workshop on "Good Clinical Practice Workshop for training in ICMR National Ethical Guidelines and NDCT Rules 2019" held on 22nd January 2024 organized by K J Somaiya Physiotherapy Academic and Research Conclave (KJSPARC), under the aegis of IQAC.

6. UDEHP workshop on “Workplace environment and Mental Health” organized by KAHER Institute of Physiotherapy on 24th March 2022.

7. UDEHP workshop on “Be a Stress Free Teacher” organized by KAHER Institute of Physiotherapy on 29th November 2021.

8. UDEHP workshop on “Innovative teaching and assessment methods” organized by KAHER Institute of Physiotherapy on 16th November 2021.

9. UDEHP workshop on “Explore the untapped within you” organized by KAHER Institute of Physiotherapy on 16th March 2021.

10. Workshop on Universal Access & Access audit organized by Dept of Community Physiotherapy on 23rd to 25th October 2019.

11. UDEHP on OBE organized by KA

**Achievements:**

1. Registration of Copyright (L-143545/2024) of Questionnaire on Musculoskeletal Disorders & Ergonomic Evaluation for Industrial Workers on 15th February 2024

2. Registration of Copyright (L-142964/2024) of BVDU SOP, Sangli Case Presentation Evaluation Form on 7th February 2024

3. Significant contribution Award in field of ICF India December 2022.

4. Certified ICF Facilitator from the DUTCH collaborating center of WHO-FIC 2020

5. Felicitated for Ernest service at SHANTAI VRUDHASHRAM Belgaum in year 2015.

6. Conferred with letter of appreciation by DISHA A DAY CARE HANDICAP CENTRE Honaga Belgaum for Ernest service from year 2013 to 2015.

7. Runners Up certificate for inter-collegiate Debate competition for TEACHERS DAY -2014.

8. Best Teacher Award 2013-14 KLE Institute of Physiotherapy, Belagavi, Karnataka.