



BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

COLLEGE OF NURSING,PUNE

NATIONAL SERVICE SCHEME

REPORT OF NSS

SPECIAL WINTER CAMP

At.Kaldari Taluka.Purandar Dist.Pune

2019 - 2020

13/01/2020 TO 19/01/2020

INAUGURAL FUNCTION

The winter camp was inaugurated on 13th Jan 2020 by Mr Ankush Parkhane, the Sarpanch of Kaldari, Mr Vitthal Karkar, the former Sarpanch, Ms Manisha Karkar- NSS Officer, Ms Vinita Jamdade- Class coordinator and Dr. Sundari Apte- Assistant NSS Officer. The program started with Bharati Vidyapeeth song, lighting of the lamp by the dignitaries and NSS officers. Inaugural speech was given by Ms Manisha Karkar followed by the Sarpanch who introduced the village to the Volunteers and welcomed all the volunteers to do the best job. Vote of thanks was given by the NSS Volunteers. The Function ended with snacks to the villagers and guest.

Exercises / Yoga and Prabhat Pheri

Every day morning the Volunteers under go a warm up exercises or surya-namaskar for 30 to 40 minutes. Later they go for Prabhat Pheri with different activities and slogan. They also have discussion with the villagers during this process and talk to them on various topics

School health Camp

The Village Zilla parishad school children from standard 6 to 9 class the girls especially underwent anthropometrical examination. Their physical examination was carried out and haemoglobin checkups were done. The vitals were also recorded. Many girls were found to be anaemic, had skin problems like Tinea infection. The Volunteers Explained and demonstrated the importance of Iron rich food, personal hygiene, menstrual hygiene. Some of the students were referred to the sub[centre medical officers for their problems. Dr Sundari Apte spoke to the students regarding adolescent problem and rising problem of suicide and its prevention.

Health Camp for Adults

The adults of the village also had undergone medical checkup like recording of weight and vitals and calculation of their BMR. The diabetic clients were tested for their sugar level and were given education regarding their medication and following a strict diabetic diet. Various Ayurvedic products like curry leaves powder for DM was suggested. They were also explained regarding wearing of their shoes to protect them from getting injured.

Visit to Gram Panchayat office

The volunteers had a visit to village Panchayat office to gain knowledge on activities that are conducted at the village. This Village has been chosen to be the best village for three

consecutive year. The houses have their own defecation unit and corporation water at every house. This village had received many prizes for neatness, well planned village etc.,

Gram Swachata

Gram swacchata was carried out by the NSS volunteers along with the villagers who took active part in cleaning their surroundings

Trekking

The NSS Volunteers had been trekking for two days around the mountains of the village after the morning exercises and phag pheri

Heartfulness Meditation

Mr. Ashutosh Kale from heartfulness had conducted a meditation session for the villagers for 30 to 40 Minutes and they felt very good and many queries had come regarding continuation of the session and where to go and comeback.

Home survey and its analysis

The NSS Volunteers went for home visit and conducted various health education for the villagers and they also analysed their surveys.this helped to have a good rapport with the villagers and were very friendly.

Valedictory functions

Dr Avinash Mhetre (NSS coordinator of BVDU) was the chief guest for the valedictory function who gave the Volunteers a short motivational speech. Dr Khurshid Jamadar (Principal BVCON) was also invited as guest of honour. The function was very successful along with the performance of the volunteers talents. The Vote of thanks for the function was given by ms Manisha Karkar.

Thus the NSS winter camp was conducted successfully without any hassel. The program ended with dinner and national antham.

NSS CAMP DAY 6

As usual day started with exercise and prabhat pheri. The volunteers conducted health check-up for the villagers. More than 100 villagers gathered over there. Preparation for the cultural program was done and later on at night the cultural program conducted. Dr Avinash Mhetre (NSS coordinator of BVDU) was the chief guest and gave a motivational speech for the NSS volunteers. Mr Khurshid Jamadar(Principal BVCON) was also present. Camp fire was held after culture program. Principal was also present for camp fire and had interactive section with students.

NSS CAMP DAY 7

On the valedictory day, Dr Khurshid Jamadar (Principal BVCON) addressed volunteers and motivated the students. Thereafter Fit India Movement was also conducted at the end. Mrs. Manisha Karkar conducted the NSS camp and all volunteers came back to college

SPECIAL WINTER CAMP – 2019 – 2020

12/01/2020 TO 18/01/2020

AT KALDARI,

TAL: PURANDAR DIST: PUNE

CAPTION PHOTOGRAPH

CAPTION PHOTOGRAPHS OF SPECIAL WINTER CAMP – 2019 - 2020



INAUGURATION FUNCTION OF SPECIAL WINTER CAMP- 2020 AT KALDARI



EARLY MORNING YOGA AND EXERCISE BY NSS VOLUNTEERS



PRABHAT PHERI BY NSS VOLUNTEERS



GRAMPANCHAYAT VISIT BY NSS VOLUNTEERS





Village survey by NSS Volunteers



SCHOOL HEALTH CHECK UP BY NSS VOLUNTEERS



HEARTFULLNESS MEDITATION SESSION FOR VILLAGERS



NSS VOLUNTEERS WHILE TREKKING



Health check-up of the senior citizen by NSS volunteers



Celebration of Jijamata Jayanti by NSS volunteer and school of Kaldari



Celebration of FIT INDIA MOVEMENT by NSS volunteers and School at Kaldari



Valedictory function