



BHARATI VIDYAPEETH DEEMED TO BE UNIVERSITY

COLLEGE OF NURSING – PUNE

SPECIAL WINTER CAMP REPORT

2020 - 21

14/12/2020 – 20/12/2020

SANGLI, BHOR DIST

PUNE, MAHARASHTRA

REPORT OF NSS WINTER CAMP

2020 - 2021

14 /12/2020 TO 20/12/2020

INAUGURAL FUNCTION

The winter camp was inaugurated on 14th Dec 2020 by the Sarpanch of Sangli Village (Mr. Zende), Bhor District. Ms Manisha Karkar- NSS Officer, Mr. Suresh Ray Class coordinator and Dr. Sundari Apte- Assistant NSS Officer along with the class teachers of the students namely Ms. Memchobi K and Mrs. Sunita Chavan. The program started with a Brief introduction to the program under the umbrella of NSS by Mrs Manisha Karkar, the NSS officer. This was followed by the felicitation of the chief guest and other prominent members of the Village with sanitizer and mask keeping in mind the COVID situation. The Sarpanch welcomed all the NSS volunteers and motivated them to do the best job possible during this pandemic situation. Vote of thanks was given by the NSS Volunteers.

YOGA AND PRABHAT PERI

Every day morning the NSS Volunteers start the day with warm up exercises for 25 to 30 minutes. Later they went for Prabhat Peri with different activities and slogan. They had discussion with the villagers during this process and talk to them on topics regarding social distancing, use of mask and demonstration of hand washing techniques.

HEALTH CAMP FOR CHILDREN (6 YEARS TO 12 YEARS)

The Health camp was held for the school going children and adults of the village. Roughly around 50 children had visited the camp where the importance of wearing of mask, hand washing and social distancing was reinstated by the volunteers. They were demonstrated regarding the wearing of mask and also the hand washing techniques

The children were checked for their dental health, eye sights along with anthropometric measurements. The Volunteer also educated children regarding balanced diet, Importance of wearing the slippers and maintaining the personal hygiene.

HEALTH CAMP FOR ADULTS

The adults of the village were also taken up for medical check up – vital signs and calculation of BMR. Some adults who had some heart problems and were on medications were educated regarding their continuation of medications and follow up in the clinic; some of them were known case of diabetes mellitus on medications and they were educated regarding their foot care and importance of exercise as daily activities. These adults were re-educated regarding

their diet and following the calories advised or the diet which is advised to them. The NSS volunteers also educated the adults regarding the COVID 19 Precautions. They were also given a demonstration of the hand washing techniques and importance of wearing the mask and maintenance of the social distancing.

The volunteers also spoke to the residents regarding spitting, using of tobacco and cleanliness of the environment around their house by means of health talk.

GRAM SWACHATA

Gram swachata was carried out by the NSS volunteers along with the villagers who took active part in cleaning their surroundings. The volunteers also cleaned up the school, temples and the roads.

HOME SURVEY AND ITS ANALYSIS

The NSS Volunteers went for home visit and conducted various health educations for the villagers and they also analysed their surveys. This helped them to have a good rapport with the villagers who were upfront and helped them in various activities by their participation with all the precautions. The Volunteers had surveyed families for leprosy symptoms and also took active part in caring for the elders..

GUEST LECTURE

Guest lecture was arranged on global warming by Ms. Smita and Dr. Sundari Apte spoke to the youth on 'Addiction among youth and its prevention'. Both the sessions were conducted online session through Google meet.

CLOSING CEREMONY

The Vote of thanks for the function was given by Ms Memchobi and Mrs. Sunita Chavan the faculty of the NSS volunteers. This was followed by Ms. Priya Khaire who gave Vote of thanks on behalf of the NSS Volunteers.

Thus the NSS winter camp was conducted successfully without any hassle keeping in mind the COVID Situations.

Signature NSS Program Officer BVCON, Pune	Signature Principal BVCON, Pune
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PHOTOGRAPHS OF THE ACTIVITIES



Inaugural Speech – NSS Co-ordinator



Felicitation of the Guest – NSS Coordinator



Felicitation of guest and speech by the guest - NSS Camp



Morning Exercise



Pledge taking session

Students Briefing



Prabhat Peri



Cleaning the Areas and collecting the debris



Cleaning the temple and passages



Health talk to the children by NSS Volunteers



Malarial prevalence Survey



Malarial prevalence Survey



Health check Up



Cleaning the village areas



Elderly Care – Home Visit



Elderly Care- Home Visit



Health Checkups



Recreation for the children

Children in action After the session



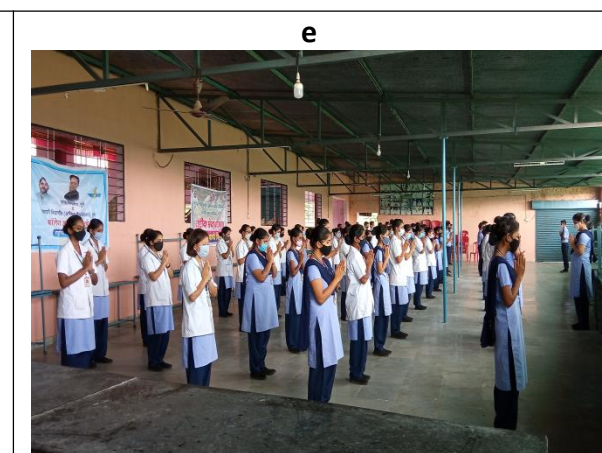
Health Education and Cleaning the areas



Health check-up and health Education



Cleaning of the Village Area



Prayer by the volunteers in the morning



volunteers in action



Children in Action



Closing Ceremony

**Signature
NSS Program Officer
BVCON, Pune**

**Signature
Principal
BVCON, Pune**

