



BHARATI VIDYAPEETH

(Deemed to be University)
(Accredited by NAAC with 'A+' Grade)



DENTAL COLLEGE & HOSPITAL, SANGLI

Organizes

Value Added Course on Yoga

By

Dr. Uma Datar-Chougule

2021-2022



PRINCIPAL,
Bharati Vidyapeeth

(Deemed to be University)

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<https://dchsangli.bharatividyaapeeth.edu/>

Bharati Vidyapeeth
(Deemed to be University)
Dental College and Hospital, Sangli

Value Added Course 2021-2022

1. **Title of the course** - Yoga
2. **Name of the Department** – Department of Oral Pathology and Microbiology
3. **Place and Venue** - Bharati Vidyapeeth (Deemed to be University) Dental College & Hospital, Sangli
4. **Need for the course** – Bharati Vidyapeeth (Deemed to be University) Dental College & Hospital, Sangli is committed to create an environment where students feel empowered to improve upon their learning behavior for which mere academic inputs is not enough. Going beyond it, they are provided with the training that contributes in their capacity building by motivating them to train their inner self, through emotional management, Self-understanding and positive thinking. Yoga training can help students to strengthen their potentials.

Institution conducts a value added course in Yoga programme for students in view with making them conscious of the importance of physical and mental wellbeing.

5. Objectives

- To enhance the capacities of students for physical and mental wellbeing through self-help.
- To develop healthy habits for better health
- To empower student teachers to create a harmonious classroom at workplace.

6. Date – Academic year 2021-2022

Duration –30hourS

7. Eligibility of the participants – BDS students

8. Content / Syllabus of the program with **specified number of hours** for each content



Sl.no.	Topic	No of Hours
1.	Introduction to Yoga. (Introduction of participants, faculty, what is Yoga? History, Fundamental of Yoga, Why to Practice?)	4
2.	Practical demonstration of Pranayama	5
3	Practicing Pranayama	7
4	Practical demonstration of Asanas	5
5	Practicing Asanas	7
6	Assessment	2
	TOTAL	30

9. **Mode of Teaching/Learning** should be mentioned

- Demonstration
- Practical

10. **Number of participants for the course-63**

11. **Name of the Resource person/ In-house Faculty**

Dr Uma Chougule
Assistant Professor
Department of Oral Pathology and Microbiology
Bharati Vidyapeeth (Deemed to be University)
Dental College & Hospital, Sangli

12. **Evaluation method**

- 80% of attendance and demonstration of four Asanas

12. **Approximate expenditure** -Expenditure – Rs. 10000/- (tentative)

13. **Fee for participation**

- Free of cost

14. **Mention whether Infrastructure is in favor** of starting the course.

- Yes


Dr. Uma Datar-Chougule
Incharge




PRINCIPAL,
Bharati Vidyapeeth
(Deemed to be University)
Dental College & Hospital, Sangli-416 414.



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DENTAL COLLEGE & HOSPITAL, SANGLI

Organizes

**VALUE ADDED COURSE IN SELF-DRIVEN PERSONALITY
DEVELOPMENT**

By

Dr. Shridevi Adaki

2021-2022



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**Bharati Vidyapeeth Deemed to be University Dental College and
Hospital, Sangli**

Value Added Course

1. **Title of the course** - Self-Driven Personality Development Program
2. **Name of the Department** – Department of Oral Medicine and Radiology
3. **Place and Venue** - Bharati Vidyapeeth (Deemed to be University) Dental College & Hospital, Sangli
4. **Need for the course** - Every individual is going through the stress in their life. It can be work-related, personal or professional which is leading to health related issues. We will be unable to lead the life we desire. It becomes utmost important to modify some things in our life and keep ourselves motivated to continue in that journey. This course is going to encourage students modify those aspects of life which are not supporting them to progress. This course will also provide worksheets to evaluate and manage their struggles.
5. **Objectives**
 - a. To provide techniques to live desired life
 - b. To provide information to develop skills to handle self
 - c. To provides techniques to Manage oneself in adverse conditions
6. **Date** – Academic year 2021-22
Duration – 16 hours
7. **Eligibility** of the participants – BDS students



8. Content / Syllabus of the program with specified number of hours for each content

Sl.no.	Topic	No of Hours
1.	Orientation	1
2.	Taking 100% responsibility Theory	2
	Practical/Activity	1
3	Be clear why are you here Theory	1
	Practical/Activity	1
4	Limiting beliefs Theory	1
	Practical/Activity	1
5	Goal setting Theory	1
	Practical/Activity	1
6	Beat your resistance Theory	1
	Practical/Activity	1
7	Affirmations	1
8	Visualization	1
9	Taking actions	1
10	Valedictory ceremony	1

9. Mode of Teaching/Learning should be mentioned

- Theory /Assignment/ Group activity
- Practical / work sheets

10. Number of participants- 56

11. Name of the Resource person/ In-house Faculty

– Dr Shridevi Adaki,

Associate Professor

Department of Oral Medicine and Radiology

Bharati Vidyapeeth (Deemed to be University)

Dental College & Hospital, Sangli



12. **Approximate expenditure** -Expenditure – Rs. 10000/- (tentative)

13. **Fee for participation**

- Free of cost

14. **Mention whether Infrastructure is in favor** of starting the course.

- Yes

Dr. Shridevi Adaki
Incharge
Department of Oral Medicine & Radiology

PRINCIPAL,
Bharati Vidyapeeth
(Deemed to be University)
Dental College & Hospital, Sangli-416 414.





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DENTAL COLLEGE & HOSPITAL, SANGLI

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VALUE ADDED COURSE IN DENTAL PHOTOGRAPHY

By

Dr. Pranav Patil

2021-2022



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**Bharati Vidyapeeth
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Dental College and Hospital, Sangli**

Value Added Course 2021-2022

1. **Title of the course – DENTAL PHOTOGRAPHY**
2. **Name of the Department – Department of Conservatives and Endodontics**
3. **Place and Venue - Bharati Vidyapeeth (Deemed to be University)
Dental College & Hospital, Sangli**
4. **Need for the course - Photographs are vital in communicating with patients the outward view of their smile. Imperfections that are not readily visible to the patient will be apparent in still photographs. Thus, dental photography allows the patient to visualize his or her smile and oral condition with the same acute perspective as the dentist, which helps the patient understand the rationale for recommended treatment.**
5. **Objectives**
This course will help students understand the fundamentals of dental photography, allowing them to predictably document clinical patient images
6. **Date – Academic year 2021-2022**
Duration –30 hours
7. **Eligibility of the participants – BDS students**
8. **Content / Syllabus of the program with specified number of hours for each content**



Sl.no.	Topic	No of Hours
1.	Photography fundamentals	2
2.	Dental photography cameras	3
3	Dental photography lenses	5
4	Dental photography flashes	3
5	Accessories for dental photography	5
6	Dental photography portfolio	2
7	Surgical photo documentation	3
8	Color and laboratory	3
9	Hints and tips	2
10	Dental photography postproduction	2
	TOTAL	30

9. **Mode of Teaching/Learning** should be mentioned

- Lecture
- Demonstration
- Practical

10. **Number of participants for the course-73**

11. **Name of the Resource person/ In-house Faculty**

Dr Pranav Patil
 Department of Conservative and Endodontics
 Bharati Vidyapeeth (Deemed to be University)
 Dental College & Hospital, Sangli

12. **Evaluation method**

- 80% of attendance and demonstration of intraoral dental photograph

12. **Approximate expenditure** -Expenditure – Rs. 10000/- (tentative)

13. **Fee for participation**

- Free of cost

14. **Mention whether Infrastructure is in favor** of starting the course.

- Yes


Dr Pranav Patil
 Incharge
 Department of Conservative and Endodontic




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DENTAL COLLEGE & HOSPITAL, SANGLI

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VALUE ADDED COURSE ON LASERS IN DENTISTRY

By

Dr. Sachin Mangalekar

2021-2022



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**Bharati Vidyapeeth
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Dental College & Hospital, Sangli**

2021-22

Value Added Course-LASERS

Name of the College	Bharati Vidyapeeth (Deemed to be University) Dental College and Hospital, Sangli
Department conducting the course	Department of Periodontology
Title of the Course	Lasers
Need for the selected Value added course (150-200 words)	<p>With the technology growing by leaps and bounds. Surgical procedures which are minimally invasive and which minimize patient discomfort are being carried out. LASERS have now become an indispensable part of the periodontal surgical armamentarium. In addition to surgeries, surgical procedures like frenectomy, vestibuloplasty, LNAP, open flap debridement, laser-assisted GTR, lasers are also been used to promote healing (photobiomodulation), pain reduction and also to reduce the microbial load (PDT).</p> <p>So, thorough knowledge of laser physics, laser assisted protocols, parameters for use of laser is mandatory for the operator carrying out these procedures.</p> <p>In this value-added course, an external faculty renowned in the field of LASER dentistry will share his vast knowledge and experience with our students and educate them to use LASER to achieve the best therapeutic outcomes.</p>
Objectives of the selected Value Added Course	<ol style="list-style-type: none"> 1. To train the participants regarding LASER safety protocol 2. To train the participants in LASER surgery 3. To train the participants for photobiomodulation 4. To train the participants for photosensitizers and photodynamic therapy
Details of availability of Infrastructure for conducting the course	A special room with LASER safety protocols (safety goggles, single chair, non-reflecting instruments, high vacuum suction) is available in the department.
Eligibility of the Participants	BDS Students



Number of participants	74		
Year of the course	2021-22		
Distribution of hours for each Content of Value added course	Sr.No.	Topic	Allocated time (hr)
	1.	Introduction of Lasers	1
	2.	Laser Physics	2
	3.	Characteristics of laser	2
	4.	Types of lasers	1
	5.	Biological rationale: Laser tissue interaction	2
	6.	Laser safety protocols	1
	7.	Applications of Laser in Dentistry	1
	8.	Applications of Laser in Periodontology	2
	9.	Frenectomy procedure	1
	10.	Gingivectomy and Gingivoplasty procedures	2
	11.	Depigmentation procedure	2
	12.	Photobiomodulation	2
	13.	Photodynamic therapy	2
	14.	Pocket sterilization procedure	2
	15.	Application of Laser in Implant Dentistry	2
	16.	Demonstration	2
	17.	Hands-on	3
	Total		30hrs
Name of the Resource person/In-House faculty	Dr Sachin Mangalekar HOD, Department of Periodontology. BVDUDC&H, Sangli		

Evaluation method and Maximum marks (For evaluation at mid-course and at the end of the course)	2 exams. (1 Theory, 1 practical) Maximum marks- 50 Practical on patient- 50 Passing percentage: 50% Attendance: 80%
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DENTAL COLLEGE & HOSPITAL, SANGLI

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VALUE ADDED COURSE ON RESEARCH METHODOLOGY

By

Dr. Shrivardhan Kalghatgi

2021-2022




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VALUE ADDED COURSE BASICS OF RESEARCH METHODOLOGY

1. **Title:** BASICS OF RESEARCH METHODOLOGY

2. **Name of the department:** Public Health Dentistry

3. **Place and venue:** Lecture Hall, Bharati Vidyapeeth (Deemed to be) University, Dental College and Hospital, Sangli.

4. **Need for the selected "Value Added Course":** Research has always been an integral part of biomedical sciences. Evidence based clinical practice demands for the upgradation of knowledge about dental materials, methods and clinical procedures for which ongoing research projects are of prime importance. In institute post graduate students are expected to conduct multiple research projects throughout the course at various levels. Hence, this course will help them understand in depth about various research designs, writing of research protocols, implementation of research projects with tips on handling the barriers during the process, etc.

5. **Objectives:**

- Students will be able to evaluate types of research designs
- Students will have a better understanding of types of data and methods of collection of data
- Students will be able to identify appropriate sampling techniques to be used
- Students will be able to prepare a protocol for research

6. **Year:** 2021-2022

7. **Eligibility:** Dental post graduate students from any academic year.



8. Content/Syllabus of the program:

Sr. No	Topic	No. of Hours
1	Introduction to Research Methodology	1 Hour
2	Research Designs – I (Descriptive) including Assignment	2 Hour
3	Research Designs – II (Analytical) including Assignment	3 Hours
4	Research Designs – III (Experimental) including Assignment	3 Hours
5	Sampling and Sampling Designs including Assignment	3 Hours
6	Types of Data, Data Collection and Data Presentation Methods including Assignment	3 Hours
7	Measures of Central Tendency including Assignment	2 Hour
8	Measures of Dispersion including Assignment	2 Hour
9	Correlation and Association including Assignment	2 Hour
10	Hypothesis Testing including Assignment	2 Hour
11	Tests of Significance – Parametric and Non – Parametric including Assignment	3 Hours
12	Interpretation and Report Writing including Assignment	2 Hour
13	Course Assessment	2 Hours
	TOTAL	30 Hours

9. Mode of teaching: Theory, Assignment, Group discussion and Hands on experience

10. Number of participants: 38

11. Names of In – House faculty:

- 1. Dr Shrivardhan Kalghatgi, MDS**
Associate Professor
Dept of Public Health Dentistry
Bharati Vidyapeeth (Deemed to be University) Dental College & Hospital,
Sangli.
- 2. Dr. Tanushri Dalvi, MDS**
Assistant Professor
Dept of Public Health Dentistry
Bharati Vidyapeeth (Deemed to be University) Dental College & Hospital,
Sangli.



12. Evaluation Method:

- a. Minimum 80% individual attendance in Theory and Practicals
- b. Participants are expected to actively participate in group practical activities, discussion and score atleast 50% in assessment.

13. Approximate Expenditure: 10,000/- to 15,000/-

14. Fee for participation: Nil

15. Infrastructure readiness to start the Course: Yes



Dr Shrivardhan Kalghatgi,
Incharge
Dept. of Public Health Dentistry



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