



Kharghar-Taloja Colony Welfare Association

- Love Where You Live !

Registration No. Maharashtra/171/2021/Raigad

LETTER OF APPRECIATION

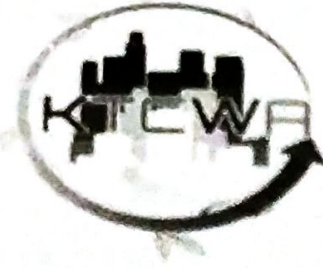
This letter is to appreciate Mrs. Sudershna Lal, Assistant Professor, Bharati Vidyapeeth (Deemed To Be University), College of Nursing, Navi Mumbai for her outstanding contribution towards successfully organizing Health Screening Camp for Women from 21/02/2022 to 27/02/2022 at Owe Camp, to mark the occasion of Azadi Ka Amrut Mahotsav, 75th year of Independence of India in collaboration with KTCWA, Kharghar.

We appreciate her time, dedicated effort for conducting survey, health screening camp, awareness programme and medical camp for identification of health deviance in women as a team member.

M. Ranawade

CHAIRMAN





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This letter is to appreciate **Prof. Mrs. Vaishali Jadhav, Principal, Bharati Vidyapeeth (Deemed To Be University), College of Nursing, Navi Mumbai** for her outstanding contribution towards successfully organizing Health Screening Camp for Women from **21/02/2022 to 27/02/2022** at Owe Camp, to mark the occasion of Azadi Ka Amrut Mahotsav, 75th year of Independence of India in collaboration with KTCWA, Kharghar.

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This letter is to appreciate **Mrs. Arunima Sreeletha**, Lecturer, Bharati Vidyapeeth (Deemed To Be University), College of Nursing, Navi Mumbai for her outstanding contribution towards successfully organizing Health Screening Camp for Women from **21/02/2022 to 27/02/2022** at Owe Camp, to mark the occasion of Azadi Ka Amrut Mahotsav, 75th year of Independence of India in collaboration with KTCWA, Kharghar.

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Mangesh

CHAIRMAN





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LETTER OF APPRECIATION

This letter is to appreciate **Dr. Gargee Karadkar**, Assistant Professor, Bharati Vidyapeeth (Deemed To Be University), College of Nursing, Navi Mumbai for her outstanding contribution towards successfully organizing Health Screening Camp for Women from **21/02/2022 to 27/02/2022** at Owe Camp, to mark the occasion of Azadi Ka Amrut Mahotsav, 75th year of Independence of India in collaboration with KTCWA, Kharghar.

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M. Ranawade

CHAIRMAN



ong with Kusumagraj's poems.
Shirvane School is an enterprising

non-teaching staff worked hard to make
the program a success.

Snake awareness workshop held at Owegaon

Aim was to raise awareness on snake bite

Indrani Basu

A snake awareness workshop was conducted by BV College of Nursing at Owegaon, Kharghar to raise awareness about snake bite, precaution and treatment. Snake Awareness Association & Wildlife Rescuer Centre (NGO) conducted a session on 'First aid in Snake bite' at Owegaon, Kharghar on 26th of February' 2022.

Raghunath Jadhav, Wildlife rescuer took a session on different types of snakes found in the locality. He explained the management of first aid and further treatment done in snake bites. He shared knowledge about different types of snakes and their venom reactions along with precaution and action to be taken while dealing with snake bite victims.

Animal rescuer and social activist Mrs. Jyoti Adkarni, a member of TCWA talked about the

importance of snakes in the ecosystem and also on how to prevent oneself from a snake bite in case one is encountered.

She said, "It was a very interactive session with the Nursing staff of Bharati Vidyapeeth,

tered with snakes.

- Precaution to be taken while playing near Bush or removing logs from log piles".

The nursing staff also took keen interest in knowing about different types of snakes and



Kharghar and the children of R.Z.P school. Since the children reside in the environment close to the hill and forest, they come across and encounter snakes very often. it was very important for them to know about:

- The importance of snakes in our life.
- Myths and facts about Snakes.
- Safety and precautions when encoun-

precautions to be taken while dealing with snake bite victims.

The programme was attended by the local public, school children and teachers and was conducted by a team of organizing Secretary Principal cum Professor. Mrs Vaishali Jadhav, faculty members Mrs Natasha Mahajan , Mrs Jincy Jose, Mrs Nilam Bhawar.

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नवी मुंबईमध्ये स्वातंत्र्य दिन उत्साहात साजरा

सुरक्षा नियमांचे पालन : सरकारी कार्यालये, शाळा, महाविद्यालयांत दिली मानवंदना

लोकमत न्युज नेटवर्क
नवी मुंबई : नवी मुंबई शहरात स्वातंत्र्य दिन मोठ्या उत्साहात साजरा करण्यात आला. शहरातील महापालिका मुख्यालय, सिडको, कोकण भवन, शाळा, महाविद्यालये, सोसायट्या, विविध संस्थांची आणि राजकीय पक्षांची कार्यालये येथे झेंडावंदनाचे कार्यक्रम झाले. कोरोनाचा प्रादुर्भाव असल्याने, कार्यक्रमाच्या ठिकाणी सुरक्षा नियमांचे पालन करण्यात आले होते.

अमृतमहोत्सवी स्वातंत्र्य दिनानिमित्त नवी मुंबई महापालिकेच्या मुख्यालयासमोरील प्रांगणात आयुक्त अभिजीत बोंगर यांच्या हस्ते झेंडावंदन झाले. याप्रसंगी अतिरिक्त आयुक्त सुजाता डोले व संजय काकडे आणि इतर विभागप्रमुख, अधिकारी, कर्मचारी, पोलीस, अग्निशमन दलाचे जवान व नागरिक सोशल डिस्टन्सिंगचे पालन करीत उपस्थित होते. कोकण भवन येथे विभागीय महसूल आयुक्त विलास पाटील यांच्या हस्ते झेंडावंदन झाले. या समारंभास नवी मुंबई पोलीस आयुक्त विपीनकुमार सिंह, नवी मुंबई महापालिका आयुक्त अभिजीत बोंगर, पनवेल महापालिका आयुक्त गणेश देशमुख आदी मान्यवर उपस्थित होते. कोकणाली धार्मिकी त्रयान त्रयान



स्वातंत्र्य दिनानिमित्त स्वारघरमधील भारती विद्यापीठातील कर्मचाऱ्यांनी ७५ असा आकडा करून मानवंदना दिली.

सामाजिक अंतर संदर्भातील सर्व नियमांचे पालन करण्यात आले होते. सर्व उपस्थितांनी राष्ट्रीय पोशाखासह मास्क परिधान केले होते. यावेळी नवी मुंबई पोलीस पथकाने राष्ट्रध्वजाला प्रार्थना दिली या कार्यक्रमास

महसूल विभागाचे उपायुक्त मकरंद देशमुख, सामान्य विभागाचे उपायुक्त मनोज रानडे, विकास विभागाचे उपायुक्त गिरीश भालेराव, तसेच विविध क्षेत्रातील मान्यवर व्यक्ती, वरिष्ठ पोलीस अधिकारी यांच्या उपस्थितीत

कर्मचारी व नागरिक उपस्थित होते. यावेळी सोशल डिस्टन्सिंगसह सॅनिटायझरचा वापर करण्यात आला. या कार्यक्रमाचे सूत्रसंचालन निंबाजी गीते यांनी केले. कोरोनाच्या प्रादुर्भावाने शहरातील शाळा

पालिका मुख्यालय इमारतीस रोषणाई

स्वातंत्र्य दिनाचे औचित्य साधून नवी मुंबई महापालिकेच्या मुख्यालयास आकर्षक रोषणाई करण्यात आली असून, उद्यानपर्यंत महापालिका मुख्यालय तिरंगी रंगात झळाळणार आहे.

स्वातंत्र्य दिनानिमित्त वृक्षारोपण

पुणे विद्यापीठ गृहस्था नेरळ येथील विद्याभवन शिक्षण संकुलात पुणे विद्यापीठ गृहाचे संचालक दिनेश भिसाळ यांच्या उपस्थितीत कोविड योद्धे डॉ.अशोक जाधव यांच्या हस्ते स्वातंत्र्य दिनी झेंडावंदन झाले. कार्यक्रमानंतर मान्यवर व मुख्याध्यापकांच्या हस्ते शालेय मैदानात वृक्षारोपण करण्यात आले.

महाविद्यालये अद्याप बंद आहेत. त्यामुळे शिक्षक आणि शिक्षकेतर कर्मचाऱ्यांच्या उपस्थितीत स्वातंत्र्य दिन साजरा केला, तसेच सोसायट्यांमध्येही नियमांचे पालन करून स्वातंत्र्य दिन साजरा झाला

अमृतमहोत्सवी स्वातंत्र्यदिन उत्साहात



नवी मुंबई : पालिका मुख्यालयात ध्वजवंदन करण्यात आले.

बार्दी, ता. १५ (वातपोदार) : अमृतमहोत्सवी स्वातंत्र्यदिन नवी मुंबईत उत्साहाने साजरा करण्यात आला. पहिलेपासून सण सजने हुबेहू लोकांच्याने संततभारोत्सव अनेक ठिकाणी ध्वजवंदन करण्यात आले. कोकणपवन येथे विभागीय महामूल आयुक्त विलस फाटील यांच्या हस्ते ध्वजवंदन करण्यात आले. समारंभास नवी मुंबई पोलिस आयुक्त विपिनकुमार सिंह, नवी मुंबई महापालिका आयुक्त अधिकारी बांगर, पनवेल महापालिका आयुक्त गणेश देशमुख आदी उपस्थित होते. कोरेगा विद्यार्थ्यांनी पावतंभूमी लक्षात ठेवून सामाजिक अंतर संदर्भातील सर्व नियमांचे पालन करण्यात आले होते. या वेळी नवी मुंबई पोलिस पथक यांनी राष्ट्रध्वजास मानवंदना दिली. आयोजनिक वारतू म्हणून ओळख असलेल्या महापालिकेच्या मुख्यालयास आनर्निक रोपवाई करण्यात आले असून सोमवार १६ ऑगस्टपर्यंत शिरंगी रंगत पालिका झळझळवार आहे. पालिका क्षेत्रातील दिवा, ऐरोली, फणसोली, कोपरखैरणे, तुभे, बार्दी, बेलापूर विभाग कार्यालयांत ध्वजवंदन करण्यात आले.



पनवेल : खारपरमथोल अभियांत्रिकीच्या विद्यार्थ्यांनी मानवी साखळी तयार केली.

हुतात्मा स्मारकात कार्यक्रम

पनवेल (प्रतिनिधी) : महापालिकेच्या हुतात्मा स्मारक उद्यानात स्वातंत्र्य सैनिक बबन धरणे यांच्या पत्नी ताराबाई धरणे यांच्या हस्ते ध्वजवंदन करण्यात आले. या वेळी हुतात्म्यांच्या त्याग कथेही विसरता येणार नसल्याचे विचार आमदार प्रशांत ठाकूर यांनी व्यक्त केले. तर कळवली, व टेम्बोडे गावातील अंगणवाडी सेविका, आशा नर्स यांना सामाजिक संस्थेच्या वतीने गौरविण्यात आले.

पनवेल महापालिकेत स्वातंत्र्यदिन साजरा

पनवेल (प्रतिनिधी) : पंचाहतराव्या स्वातंत्र्यदिनानिमित्त पनवेल महापालिकेत महापौर डॉ. कविता किशोर चौतमाल हस्ते ध्वजवंदनाचे कार्यक्रम संपन्न झाला. यावेळी उपमहापौर जगदीश गावकवाड, आयुक्त गणेश देशमुख यांची प्रमुख उपस्थिती होती. या प्रसंगी रावणह सुरक्षा रक्षक आणि महाराष्ट्र सुरक्षा बल यांच्यावतीने राष्ट्रध्वजाला मानवंदना देण्यात आली. सभामुहू नेते परेश ठाकूर, विरोधी पक्ष नेते प्रीतम म्हात्रे, नगरसेवक, नगरसेविका, अतिरिक्त आयुक्त तुषी सांडभोर, उपायुक्त विठ्ठल डावे, उपायुक्त सचिन फवार, साहाय्यक आयुक्त चंद्रशेखर खामकर, साहाय्यक आयुक्त वैद्यकीय जाधव आदी उपस्थित होते. अमृत महोत्सवी स्वातंत्र्यदिनानिमित्त शिक्षण विभागाच्यावतीने प्रश्नमजूबा, देशभक्तीपर गीत, काव्यवाचन, निबंध स्पर्धांचे ऑनलाइन आयोजन करण्यात आले होते.

(आणखी वृत्त/३)





Indo-Tibetan Border Police jawans celebrate Independence Day at the banks of Pangong Tso in Ladakh - ANI



Celebrating freedom at Bharati Vidyapeeth college Kharghar in Navi Mumbai - TNN



Health screening camp conducted by BV College of Nursing



By Indrani Basu

In the health screening camp conducted by Bharati Vidyapeeth University College of Nursing, it was found that more than 50% women of Owegaon, Kharghar are suffering from low Haemoglobin, high level of Thyroid and higher blood sugar level. Health survey was conducted on 209 women and 128 women were screened for checking levels of Haemoglobin, thyroid and blood sugar.

The health screening camp was conducted last from 21st to 27th February 2022 to mark the occasion of Azadi Ka Amrit Mahotsav, 75th

year of Independence of India. The students of BV College of Nursing conducted free survey and health screening camp for the women of Owe camp Kharghar.

The organising team consisted of Dr. Gargee Kasadkar, Mrs. Sudershana Lal and Arunima Sreetetha. The event was supported and partially sponsored by Kharghar Talaja Colonies Welfare association under the supervision of Mangesh Ranawade, Chairman KTCWA.

Principal and Professor Vaishali Jadav, the head of the organising team shared, "We had chosen Owe camp be-

cause it is observed that women suffer from various lifestyle ailments but are unaware of them. The area falls under Panvel City Municipal Corporation's (PCMC) jurisdiction, inspite of that, health awareness is negligible there. Our aim was to create awareness among the female population about the health issues they are suffering and also share knowledge and educate them how to take care of their health and that of their family members."

Free services like medical consultation, free medications were also rendered to the villagers by the team.

Bharti Vidyapeeth conducts Menstrual Health Management Awareness programme

By Indrani Basu

To mark the 75th Independence year celebration of India, Bharati Vidyapeeth (Deemed to be University) College of Nursing, Navi Mumbai in collaboration with Project Mumbai conducted an awareness program on Menstrual Health Management among school girls studying in class VII, VIII, IX in Bharati Vidyapeeth Marathi Medium School, CBD Belapur, Navi Mumbai.

The programme was convened and supervised by Principal and Professor Vaishali Jadav on 2nd, 3rd and 4th March 2022. Assessment of general parameters of health of the girls were done by a team of nursing students. Apart from



that, Haemoglobin estimation of 150 school girls using digital haemoglobinometer was carried out. Girl students were imparted

knowledge on health education and were advised to consume iron rich food in their daily diet. They were taught on management of menstrual health and hygiene. Demonstration of stretch exercises, distribution of menstrual health management booklet and distribution of sanitary pads were also carried out during this programme. Free sanitary pads will be distributed for a period of four months.

Programme was inaugurated by Prof. Vaishali Jadav, Principal BVDU, College of Nursing Navi Mumbai and Shri. Yewale, Principal BV Marathi Medium School in presence of faculty members Mrs Smeeta Revankar, Mrs Neelam Patil and Mrs Priya Naik.