

BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

(Established u/s 3 of UGC Act 1956, vide notification no. F9. 15.U.3 of Govt. of India)

COLLEGE OF PHYSICAL EDUCATION

Dhankawadi, Pune-411 043 (Maharashtra) REACCREDITED 'A' GRADE BY NAAC

Date: 7th March 2021

Notice

This is to inform all the students that the college is organizing a three days International Yoga workshop "Breathe Lyfe" in collaboration with Sportal from 12th of March to 15th of March 2021 in online mode i.e through Zoom application. The workshop will not only cover the topics related to Yoga but address the practical content aiming to refine the individuals professional skills.

Therefore the presence of all the staffs, students will be highly solicited for the betterment of the college and society.

Pune-Satara Rd. Pune-43.

Dr. S.S Vidhate

Principal

College of Physical Education BV(DU)

N:B - The link for the website and timing will be intimidated through specified groups.



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Dhankawadi, Pune-411 043 (Maharashtra)

REACCREDITED 'A' GRADE BY NAAC

Date 18/03/2021

Report of Yoga Workshop

The yoga workshop "Breathe Lyfe" was organized by Bharti Vidyapeeth College of Physical Education in online mode through Zoom application for the betterment of the college students where 26 trainers across the globe had presented their views on numerous topic relating to the practical implications of yoga and Entrepreneurship.

A total of more than three hundred participants along with the staff members participated. Each day eight hours of session was delivered by trainers which gives an immense knowledge boost to the student's mind-set regarding the said topics.

The workshop was successful and the positive feedback which was displayed by the students encouraged us to organize as such in future.



Dr. S.S Vidhate

Principal

College of Physical Education BV(DU)



Three Days Online
International Yoga Workshop

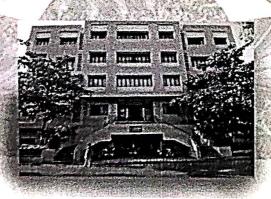
Breath LYFE by Sportal

in collaboration with

BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY)

COLLEGE OF PHYSICAL EDUCATION

 $12^{
m th}$ -15 $^{
m th}$ March 2021



Bharati Vidyapeeth Campus, Pune-Satara Road,

Dhankawadi, Pune, Maharashtra – 411043.
Phone: (020)24373741
E-Mail: bvducopes@gmail.com

www.copepune.bharatividyapeeth.edu
Event website: www.breathlyfe.com
Event email: Namaste@breathlyfe.com

Sharati Vidyapeeth

Deemed to be University), Pune, India



Bharati Vidyapeeth (Deemed to be University) University is one of the largest multidisciplinary university in India having 29 constituent Institutions located in eight sprawling campuses which offer 278 plus academic programs. The university started functioning on 26 April 1996 and has earned reputation of being one of the top Universities in India. Bharati Vidyapeeth (Deemed to be University), Pune which is accredited to Grade A + by NAAC in 2017 in its third cycle of accreditation. It has also been granted 'A' Grade University Status by MHRD, GOI, New Delhi.

About College of

Physical Education, Pune, India

Bharati Vidyapeeth University College of Physical Education (Estd. 1st September 1994) is a constituent unit of Bharati Vidyapeeth University (u/s 3 of the UGC Act 1956, vide notification No.F9.15.U.3 of the Govt. of India 'A' Grade Reaccredited by NAAC). The College is also recognized by NCTE. Like any university-department in India, this College is a constitutional unit of Bharati Vidyapeeth University. All the courses are self-finance in nature.

Its degree is accepted by the Government of Maharashtra and all other State Governments in India and aboard for the purpose of appointment as teachers in for school, college and university. Having an independent building; the College has its own full-fledged Gymnasium and spacious well nurtured playground of different games with 400m standard Track. The College conducts a six-week long certificate courses in Gym Instructor and yoga. It has started D.Y.Ed Course from 2015.

About International Yoga Workshop

It is an intensive 30 hrs workshop designed especially for students and professionals from the field of yoga and physical education. The workshop aims to enhance the skill of students and to introduce the vivid styles of yoga. It will also aid those students who want to pursue their career in the field of yoga.

A team of highly skilled and experienced **national** and **international** professionals from the field of Yoga, and Marketing will be sharing their wisdom.

Uniqueness of International Workshop

- The workshop has unique content that covers not only topics related to yoga and Physical Education but also Ayurveda and yogic cooking.
- This event content has more than 60% of practical content aim to refine individual's professional skills.
- The workshop is unique because it not only educates about physical, mental, social, spiritual, and sexual health but also prepares yoga teachers and practitioners to become successful yogapreneur in the post Covid 19 world.

Vho should participate?



- Students from the field of Yoga, and Physical Education
- Teachers from the field of Yoga, and Physical Education.
- People who have an interest in Yoga
- People trying to learn new things.
- People who want to pursue a career in the field of Yoga

What Participants will get

- International workshop certificate.
- · Exposure to international standards of yoga
- Yoga entrepreneurship opportunities.
- Opportunity to learn about digital marketing in yoga.
- · Opportunity to network with experienced professionals.
- Opportunity to learn to penetrate and become successful in the field of Yoga
- Online shopping discount coupons.

Chief Patron

Dr. Patangrao Kadam, Founder,

Bharati Vidyapeeth

Dr. Shivajirao Kadam, Chancellor,

Bharati Vidyapeeth (Deemed to be University) Pune India,

Dr. Vishwajit Kadam, Pro Vice Chancellor,

Bharati Vidyapeeth (Deemed to be University) Pune India,

Secretary, Bharati Vidyapeeth

Dr. Manikrao Salunkhe Vice-Chancellor

Bharati Vidyapeeth (Deemed to be University) Pune India,

Dr.Asmita Kadam Jagtap (Executive Director)

Bharati Vidyapeeth Hospital

Chairman

Dr. Swapnil Vidhate

Principal,

College of Physical Education (7798477477)

Co-Chairman

Dr. S.S Autade,

College of Physical Education. (9822401068)

Convener

Dr. P.S Patil, Assistant Professor

College of Physical Education (9028745746)

Co-Convener

Dr. S.S Shinde, Assistant Professor

College of Physical Education (9028745746)

Organising Secretary

B Kiran Kumar CEO Sportal (+447999401296)

Dr. Gaurav Pant Assistant Professor

College of Physical Education (9579247668)

Important Dates

Last Date for Registration: 8th March 2021 Confirmation through E-Mail: 9th March 2021 Dates of Programme: 12th- 15th March 2021

SPEAKERS LIST

International Speakers

- Ms. Kelly McHugh (United Kingdom)
- Ms. Marita Mittag (Greec)
- Ms. Shaina Cannon (U.K.)
- Rachel Ellery (U.S.)
- Ms.Clair Summers (Mexico)
- Ms.Bahar Gultepe (Turkey)
- MS. Jade Miller (New Zealand)
- Ms.María Olsen (Iceland)
- Mr. Harish and Ms. Kai (India and Russia) **Indian Speakers**
 - Ms. Suchint Sodhi (India)
 - Dr Sharad Dadasaheb Bhalekar (India)
 - Dr. Bina Swami (India)
 - Mr.Bharat Singh (India)
 - Dr. Nisar Shaikh (India)
 - Dr. Raksha Vadhaiya (India)
 - Dr Gururaj Doddoli (India)
 - Mr.Sushant Singh (India)
 - Ms. Ruchita Shah (India)
 - Swami Taponidhi (India)
 - Mr. Pratesh Yogi (India)
 - Dr. Esha Iain (India)
 - Mr.Deepak (India)
 - Mr. Yogananda Ayyagari (India)
 - Ms.Payal Gidwani Tiwari (India)
 - Mr. Amit Kumar aka Eknath (India)

Registration link:

Students Registration Link: Click Here

Working Professionals Link: Click here







National Workshop on Physical Education and Sports Organized by

College Of Physical Education

BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) COPE,Pune



Bharati Vidyapeeth Campus, Pune-Satara Road,

Dhankawadi, Pune, Maharashtra – 411043.
Phone: (020)24373741

E-Mail: <u>bvducopes@gmail.com</u> <u>www.copepune.bharatividyapeeth.edu</u>

Event website: www.breathlyfe.com
Event email: Namaste@breathlyfe.com

Bharati Vidyapeeth

(Deemed to be University), Pune, India

Bharati Vidyapeeth (Deemed to be University) University is one of the largest multi-disciplinary university in India having 29 constituent Institutions located in eight sprawling campuses which offer 278 plus academic programs. The university started functioning on 26 April 1996 and has earned reputation of being one of the top Universities in India. Bharati Vidyapeeth (Deemed to be University), Pune which is accredited to Grade A + by NAAC in 2017 in its third cycle of accreditation. It has also been granted 'A' Grade University Status by MHRD, GOI, New Delhi.

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About National Physical Education and Sports Workshop

t is an intensive workshop designed especially for students and professionals from the ield of Physical Education and Sports. The workshop aims to enhance the skill of tudents and to introduce to various development in Physical Education and Sports

Uniqueness of Workshop

- Virtual Workshop via Zoom
- 6 Speaker
- The workshop has unique content that covers topics related Physical Education and Sports.
- The workshop is unique because it not only educates about Physical Education and Sports but also prepare the students for their carrier in this field

Who should participate?

- Students from the field of Physical Education and Sports
- Teachers from the field of Physical Education and Sports
- People who have an interest in Physical Education and Sports
- People trying to learn new things.
- People who want to pursue a career in the field of Physical Education and Sports

Chief Patron

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Bharati Vidyapeeth

Dr. Shivajirao Kadam, Chancellor,

Bharati Vidyapeeth (Deemed to be University) Pune India,

Dr. Vishwajit Kadam, Pro Vice Chancellor,

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Secretary, Bharati Vidyapeeth

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Dr.Asmita Kadam Jagtap (Executive Director)

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Chairman Swapnil Vidhate Principal, BV (DU), COPE, Pune.

Co-Chairman
SS Autade, Assistant Prof
College of Physical Education

Convener

Dr. S S Shinde, Assistant Professor

College of Physical Education

Organising Secretary

Dr. Gaurav Pant Assistant Professor

College of Physical Education

Joint Secretary

Dr P S Patil Assistant Professor

College of Physical Education

Important Dates and Registration Link

Dates of Programme: 6th-7th April 2021

Registration Free: NIL

Registration Link

https://forms.gle/XtNvwi6jGfDzCv4VA



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COLLEGE OF PHYSICAL EDUCATION

Dhankawadi, Pune-411 043 (Maharashtra)
REACCREDITED 'A' GRADE BY NAAC

Date: 5th April 2021

Notice

This is to inform all the staff members and students that the college is organizing a two days "National workshop on Physical Education and Sports" on 7th of April and 8th of April 2021 in online mode i.e through Zoom application. The workshop will be headed by Dr.Gaurav Pant and respected speakers in the allied field will be delivering the below mentioned topics:-

Topic	Speaker	Date	Time
Athletics : Rules and Regulation	Dr.Sambhu Prasad	07/04/2021	11:30 am
Statistics	Dr.Deepak Shendkar	-07/04/2021	2:30 pm
Introduction of Biomechanics	Dr. Yogesh Bodke	08/04/2021	11:30 am
Analysis Movement	Dr. Satpal Yadav	08/04/2021	2:30 pm

Therefore the presence of all the staffs, students will be highly solicited for the betterment of the educational field pertained to.

Dr. S.S Vidhate

Principal

College of Physical Education BV(DU)

Pune-Satara Rd.
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Date 12/04/2021

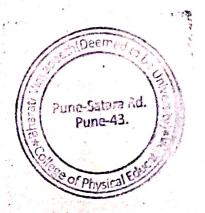
Report of National Workshop

The National workshop on Physical Education and Sports was organized by Bharti Vidyapeeth College of Physical Education in online mode through Zoom application for the betterment of the college students where 4 speakers working in the same field had presented their lectures covering various topics relating to the field of physical education and research.

All the students and staff members participated and gained a good amount of knowledge regarding the topics which are as follows:

- I. Athletics: Rules and Regulation
- II. Statistics
- III. Introduction of Biomechanics
- IV. Analysis Movement

The workshop was successful and the positive feedback which was displayed by the students encouraged us to organize as such in future.

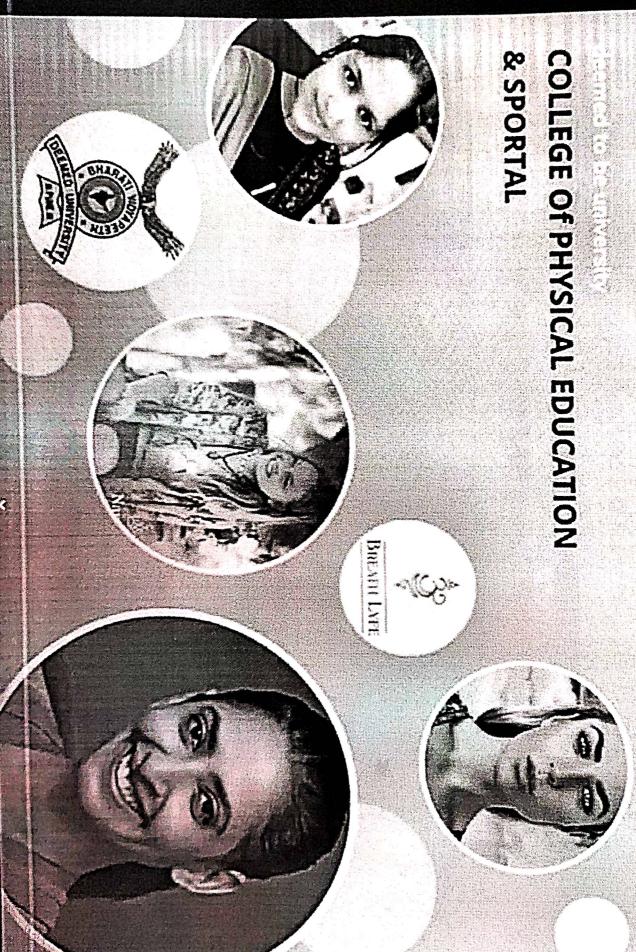


Dr Gaufav Pant

Director IQAC

Bharati Vidyapeeth
(Deemed to be University)
College of Physical Education
Pune - Satara Road, Pune-43

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The link for the workshop:

https://www.youtube.com/channel/UCx98

Pune Satara Pal Pune -43.