

**BHARATI VIDYAPEETH
(DEEMED TO BE UNIVERSITY), PUNE, INDIA**

PhD Entrance Test – 2024

SECTION-II: Panchakarma - 35 Marks

Section A

1. Panchakarma in Ashtang Ayurveda Significance of Shodhana with symptoms of Bahudoshavastha.

2. Abhyantar snehan:- Acchapana, Abhyantar Snehavicharna, Sadya Snehan, Avapidaka Snehan , Panchaprasritika peya, shodhan, shaman, Brihan Snehan, Hrisiyasi, Hrswa, Madhya, Uttam Matra of Sneha, administration of Snehan and Anupana, observation Jiryaman/Jirna/Ajrna/Asnigdha Lakshan, Smayak Yoga, Ayoga, Atiyoga /Mithyayoga Lakshanas, Snehavypad

Detailed knowledge about procedure and utility of following Bahyasnehans (External oleation therapy) Abhyanga, Samvahan, Mardan, Unmardan, Utsadan and Udwartana, Utsedana, Murdhni Taila, Pichhu, Karnapurana and Akshitarpna

3. Classification of Swedan therapy, classification of swedan therapy, charokta 13 and sushrotokta

4 types Indications & contraindication.

Samyak Yoga, Ayoga/Atiyoga/Mithyayoga lakshanas and their management,

4. Detailed study of properties of Vamak and Vamanopaga drugs, Indications & contraindication of Vmana Karma, administration of Vamak dravyas Assessment of Vegas, Upavegas and Matra. Knowledge of Laingiki/Vaigiki, Antiki and Maniki Shuddhi, Features of Samyak yoga (Proper Shuddhi), Atiyoga (Excessive Shuddhi), Hinayoga (Inadequate Shuddhi) and their management. Dhumapana, Samsarjana (Peyadi, Tarpana and Rasa Samsarjana krama) Pariharya vishaya & Parihara Kala. Vaman Vyapats & their management according to Ayurveda

5. Virechana dravyas and yogas according to various Samhitas. Indications & contraindications of Virechan Karma. Administration of Virechana Yoga, Anupana, Assessment of Vega, Upavegas and Matra, Laingiki, Vaigiki, Antiki, Maniki Shuddhi, Observation of Samyakyoga, Ayoga/Atiyoga lakshana & their management

Samsarjana & Tarpana krama Pariharya vishaya & Parihara kala Virechanouttara karmas

Vyapats & their management according to Ayurveda & Modern Systems of Medicines.

Section B

6. Classification of Basti description of Basti Yantra, Basti Netra and Basti Putaka with their doshas and Pranetajanya Dosha and their management. Basti Pranidhana Vidhi (Administration of Basti) Basti pratyagamana, Samyakyoga, Ayoga/Atiyoga/Mithyayoga Lakshanas and their management. Vyapad and their management according to Ayurveda and modern system medicine. Administration of basti Nirikshana of Basti pratyagamana, Samyakyoga, Ayoga/Atiyoga lakshanas and their management

Pashchatkarma :- Pariharya vishaya and pariharakala. Anuvasana Vyapad and their management. Definition & Classification of Uttara Basti, Uttara basti netra & basti putaka, Dose of Uttara Basti Sneha.

7. classification of Nasya, Prayoga Kala and duration of different Nasya, Nasya Vidhi Vidhan-Administration, observation & follow up, Samyakyoga/ Ayoga/Atiyog lakshanas and their management, Vyapats and their management according to Ayurveda and modern system of medicine. Dhumapana, kavala, gandusha, Diet, Pariharya vishaya, Parihara Kala, Nasyottara karma.

8. Classification of Raktamokshana, General and specific indications of Raktamokshana modalities, Raktamokshana by different techniques, observation of Samyakyoga, Ayoga/Atiyoga lakshanas & their management, Pariharya vishaya & Parihara kala, Vyapat & their Management such as Sandhana,Skandana,Dahana and Pachana

9. Basic principles of physiotherapy Knowledge & administration of below mentioned Physiotherapy techniques & instruments- Ultrasonic therapy , Magneto therapy Diathermy Infrared Therapy, Ultraviolet therapy , Wax therapy etc